

ACRO MEDALLIST

Huge congratulations to Eva in Year 7 who has recently competed for Wakefield Gymnastics Club in Acro at the NDPs in Barnsley as part of a trio and they did fantastic in their category, achieving a bronze medal. Eva has worked exceptionally hard and we are incredibly proud of her.



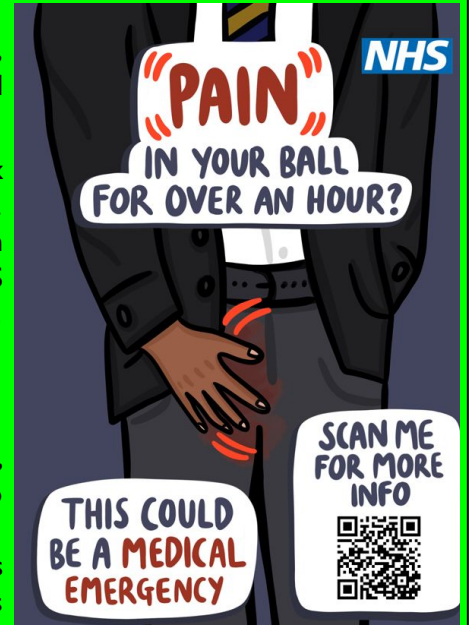
FOCUS ON STAYING SAFE AND POSITIVE WELLBEING

TESTICULAR TORSION

Testicular torsion is a time-critical emergency where a testicle twists, cutting off the blood supply and causing sudden scrotal pain.

The testicle can die within six hours without emergency surgery. With torsion occurring in 1 in 1,000 boys aged 10-20 NHS England, through the Getting It Right First Time (GIRFT) programme, is working to raise awareness and improve education among young people, parents/carers and teachers to ensure boys experiencing severe testicular pain and other symptoms of torsion can recognise the signs and understand to act quickly.

Further information on causes of testicular pain is available on the [NHS website](#).



YEAR 11 FINAL DROP DOWN DAY



The final day before Easter saw the final Year 11 Drop Down Day of the year - and what a day we had. The day was made by two special visitors into school, Charlie from Oddballs whom came to talk about testicular cancer, and Paul Hannaford who has spoken across the country to young people about the dangers of knife crime and drugs awareness. Paul had the audience enthralled for an hour with his stories and so many of our young people reached out on his social media platform to thank him for his presentation.

YEAR 10 YORKSHIRE CHAMPIONS

On Tuesday this week the Year 10 boys rugby team took part in the final of the Yorkshire Cup. Both teams played brilliantly, but Freeston triumphed with the final score of:

Outwood Academy Freeston 18 - 8 Ryburn Valley HS

We are super proud of every single student who were part of the team on the day and the run up to it. The team are now looking forward to the next steps on their journey to be National champions.

