

10th November 2023

Supported by the Normanton Freeston Foundation

RUGBY SUCCESS

This year our Yr7 and 8 and a combined Yr10 team have competed in the Wakefield and Castleford Div 1 competition. Our Yr7 and 8 both won these leagues staying undefeated, whilst our Yr10 team came 2nd only losing one game. This means all three school teams now represent our District in the Yorkshire Cup! Amazing playing!

We wish them all the best as they bid for the Yorkshire title. Here is our Yr10 rugby team wearing their new kit. Thank you to the Freeston Foundation for their fantastic support in funding our playing kit.



FOCUS ON STAYING SAFE AND POSITIVE WELLBEING

Anti-Bullying Week

Anti-bullying week is coming up at Freeston and we have lots planned to kick off our vision to raise awareness and develop a secure understanding of bullying and the different ways bullying can present in our lives. Early in the week an assembly will be delivered featuring all the newest updates from the Anti Bullying Alliance which will have a strong focus on this year's message of 'Is it banter or is it bullying?' Following on from this students will take part in a reflective task discussing numerous scenarios to secure understanding of the key difference between banter and bullying. Freeston's anti-bullying ambassadors programme will also launch this week inviting KS3 students to be central in deciding how our community can tackle bullying. We are excited to research the possibility of fundraising and supporting a charity that shares our vision in tackling bullying and supporting mental health.



Wednesday we will be joining forces with Children in Need to celebrate Odd Socks Day. Students and staff are invited to wear spotty socks and odd socks to celebrate our differences and continue to raise awareness for two important causes. Informative videos will be playing at break time for all students to watch that will share and discuss bullying with an exciting drop down session for KS3 to really immerse themselves in raising awareness and discussing vital issues. The activities will ensure that all students and staff continue to feel safe and secure in our learning environments.

MX CHAMPION

Woody in Year 7 has won his second championship, this makes him double champion for the 2023 MX season. This is a huge achievement and we are all extremely proud of him!



ACTION FOR HAPPINESS

Please find on [our website here](#) an idea a day for happiness in November.

Keep in contact: Follow us on X: [@OutwoodFreeston](#) Our website: <https://www.freeston.outwood.com/>
Email us: enquiries@freeston.outwood.com (our phone lines can be busy, email or message us - we try to respond within 48 hours)