


## WATER SAFETY


In last week's blog I updated you about a series of safety assemblies students had taken part in, including that of water safety. Below are some key reminders regarding being safe in water. Wakefield Safeguarding Children Partnership have [important messages on this website](#).

*Our thoughts go out to family and friends involved in the recent tragedy.*



West Yorkshire  
Fire & Rescue Service

# Float to Live




If you see someone in difficulty in the water call 999 ask for FIRE

#BeWaterAware  
westyorksfire.gov.uk



West Yorkshire  
Fire & Rescue Service

# Cold Water Kills



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Do you know that anything below 15°C is defined as cold water and can seriously affect your breathing and movement, so the risk is significant most of the year.

If you get into difficulty in the water:

- **Take a minute.** The initial effects of cold water pass in the less than a minute so don't try and swim straight away
- **Relax and float** on your back to catch your breath. Try to get hold of something that will help you float
- **Keep calm** then call for help or swim to safety if you're able



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