



Supported by the Normanton Freeston Foundation

IN THE YORKSHIRE CUP FINAL!

Congratulations to the Year 7 rugby team who beat local rivals Castleford Academy 16-12 to reach the Yorkshire Cup final. The boys were well supported by our family and friends of the Academy, who made it feel like a home fixture!

It was a very tense game, with the score at 12 for most of the 2nd half, until with 5 mins remaining our centre broke the line to score in the corner. There were tears on the final whistle as the boys celebrated their win.

Before we play the final we now have the Nationals to concentrate on, where we have been drawn away to St Peters (Wigan). Big thank you to Mr Hudson for coaching them. All will be enjoying a free breakfast buffet on Wednesday at breaktime.

DIANA AWARD

Our Year 7 students working with the Diana Award looked at the different types of bullying and the effects that this has on others around them. Students looked at why appearance is talked about in the media and the effects that this can have on people's mental health. They then worked on different scenarios and the way they should react to this to help others around them. The final sessions focused on uplifting their confidence and the confidence of others around them. We then finished off the day with the importance of the students being upstanders. The students worked really hard through the day and some excellent discussions took place within lessons.



WF-I-CAN is an online platform for children and young people living in the Wakefield District to find information and advice as well as self-help tips for increasing their confidence and resilience. Find out more information here: https://orlo.uk/Jxknl

AMAZING SUPPORT OF MIND CHARITY

Phoebe in Year 8 has signed up to do a challenge of 50 squats a day for the charity Mind. She decided this all on her own and this is such a big achievement for her. She is doing really well and has gained just over $\pounds 200$ in sponsorship. Amazing work Phoebe - keep going, we are super proud of you.



YII REVISION FEST AND KEY DATES

With just 9 school weeks to go until the start of the 2023 external exams, students should now be well on their way along their revision journey. To support this, we planned the Y11 Revision Festival to give advice, guidance & tips to improve their revision techniques.

During the afternoon, students attended either Maths or Science for a subject specific revision session, as well as a more broad revision skills session with Mr Eccersley. This session gave students time to practice a range of revision skills such as Dual Coding, Flashcards & creating their own Revision Timetable.

After school, parents were invited to hear about ways to support their students with some more research-informed strategies to get the most out of revision. A fantastic event with lots of engaged students & parents... 9 weeks to go!



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