

Principal's Blog

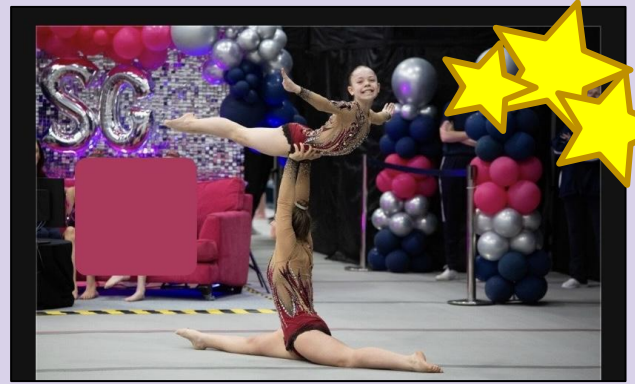


1st March 2024

GYMNASTICS SUPERSTAR

Eva represented Wakefield Gym Club in another acro gymnastics competition over the weekend. This time it was the Spelthorne Acro Cup in London. There was a lot of tough competition and ultimately Eva's pair finished 4th in their group of 22 other competitors, missing bronze by 0.05 of a point!

They are looking forward to their next competition which is in Barnsley in a couple of weeks. Amazing work Eva!



ENGLAND HOCKEY PLAYER

Our very own Miss Burke has been selected to play for England with the Hockey Masters 035 team. The selection process has involved players from up and down the country with over 3 trials to select a training squad. The standard of hockey is very high and Miss Burke has certainly been put through her paces.

The final squad will represent England in the home nations tournament based in Ireland and the Hockey World Cup which is to be held in Cape Town, South Africa. Well done Miss Burke, we are super proud of you!



FOCUS ON STAYING SAFE AND POSITIVE WELLBEING WAKEY WELLNESS APP

Our Local Authority have launched a new app to support the 0-19 community in growing up healthily. It contains a huge amount of information to support everyone in that category. Please use your download service to access this.

Have you seen the new 0-19 App?

NHS
Download the NEW
**Growing Healthy
Wakefield 0-19 App**



Many families will now have this app on their phones, and it's updated regularly with up-to-date information and resources about what's on.

New content includes:

- Healthy recipes with video instructions and shopping lists.
- New sections on infant feeding, speech and language, and maternal mental health.
- Calendar function highlighting community events, such as Our Year 2024, which enables events to be saved on your own electronic diary.
- Checklists for parents for things like starting school, holidays, and new baby essentials.

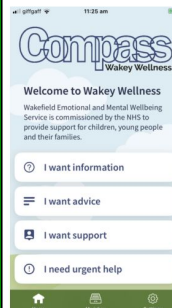


CHANGE TO BREAK TIMES

Please note that from Monday 4th March we will be altering our break structure, reducing this to 3 breaks from 5. This is to support students in having a more structured Period 2 lesson without a break towards the beginning or end of their learning. This means that Years 8-11 will now have a full hour of learning Period 2. Year 7 will retain their break halfway through Period 2. We will open up more toilets during the double breaks to ensure young people access the toilet in this social time.

	Tutor [T] (8.25-8.45)	P1 (8.45-9.45)	P2 (9.45-11.00) 15 min break [Br]	
Y7	T	60 mins	30 mins	Br 30 mins
Y8	T	60 mins	Br	60 mins
Y9	T	60 mins	60 mins	Br
Y10	T	60 mins	Br	60 mins
Y11	T	60 mins	60 mins	Br

Wakey Wellness



Compass Emotional Wellbeing Services have also launched the free new Wakey Wellness app. Young people and families can download it to get help and support with information about relationships, healthy eating, being happy, looking after yourself.

It's been designed especially for Wakefield children, young people and families as well as people who work for the community in Wakefield.



YEAR 11 MOCK

Massive well done to Yr11 students who have now completed their mocks. Our final mock results event will take place on 19th March. We know they will continue their amazing effort on the run up to their final exams starting in May.