

FOCUS ON STAYING SAFE AND POSITIVE WELLBEING

Safer Internet Day

Safer Internet Day on Tuesday 6th February 2024 has a theme this year of "Inspiring Change? Making a Difference, Managing Influence, and Navigating Change Online,"

To help schools get ready, the [UK Safer Internet Centre](#) has recently released an exclusive collection of short films, designed to captivate and educate children and young people aged 3 to 18 years old. These films serve as starters for meaningful conversations, making them perfect for educators and professionals eager to participate in Safer Internet Day activities across various environments such as schools, nurseries, youth groups, libraries, and beyond.

In lessons within the academy, students have been looking closely at how to keep themselves safe online, parents and carers please reinforce this at home.

The website has lots of great ideas to help you keep young people safe [here](#), in addition, we have also added to our website an additional parent newsletter which can be [found here](#) to support you in keeping your children safe online.

STAND UP TO VIOLENCE

Stand Against Violence came to our academy this week to deliver assemblies to students in Year 8, 9, and 10. The content of the assembly was around anti-violence and anti-bullying. We hope students enjoyed this session and listened to the vital messages being taught.

ANTI BULLYING AMBASSADORS

Our Anti-Bullying Ambassadors attended a training session held by The Diana Award team. The students represented our school with such pride. They successfully passed their training and are so knowledgeable in their mission they can proudly recite numerous aims and targets with ease. They are currently bursting with ideas to not only help tackle bullying in school but to support our local community in understanding the importance of our Anti-Bullying campaign. Now supported with their valuable training and knowledge we are incredibly excited to see their ideas come to fruition. Read more [here](#) about this award.



YOUNG CARERS CHAMPION

We are delighted to announce that Freeston has a dedicated Young Carers Champion. A young carers champion is an adult within the school who can be an ambassador for young carers, making sure that they have support that they need to navigate both their education and their caring responsibilities.

Our champion will offer dedicated support to any young carer in our school community who cares for a friend or family member, who due to illness, disability, a mental health problem or an addiction cannot cope without their support.

Our young carers regularly tell us that one of their top priorities is better recognition and support for young carers in school, and that support available shouldn't depend on where young carers live or what school they attend. We could not agree more – we believe in a society where every young carer feels recognised and supported in school.

Over the coming weeks there will be opportunities for our students to understand what it is to be a young carer and seek support if they wish. **Please contact our academy if you feel that your child is a young carer.**

