

DPE/SAL

5 October 2021

Dear Parents / Carers

As part of our commitment to "Students First" we are deeply aware that the last two years have had an emotional and sociological impact on our young people as much as an educational one. To try and support students with this, over the next year there will be 6 days set aside throughout the year to address areas that students may need additional support. These will include a careers day, financing and money management, sexual health, mental health and awareness around key social changes.

Our first day is Wednesday and will be focused on mental health and sex education. As you can imagine after lockdown these 2 areas have both seen increases in terms of concerns and lack of knowledge and awareness, and we feel it is essential to support our young people with information and a forum to ask questions.

The day will feature five sessions which students will move from lesson to lesson following the times of the normal school day. The sessions this time are on:

1. Sexual Health
2. HIV and stigma
3. Substance Abuse
4. Gambling and in-game purchases
5. Relaxation techniques

As always we thank you for our support and look forward to sharing with you on Twitter some of the experiences of the day.

Yours Sincerely

D Peirson

Mr Dave Peirson  
Lead for Life and Personal Development

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